



# INTAKE FORM

## PERSONAL INFORMATION

Full Name :

Date of Birth : \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Gender :  Male  Female

Address : \_\_\_\_\_

Phone Number : \_\_\_\_\_ E-Mail : \_\_\_\_\_

Status :  Single  Married  Divorce  Others

Occupation : \_\_\_\_\_ Are You A Retiree ? :  Yes  No

How Did You Hear About Us? :  Google  Social Media  Referral  Other

Referral Name : \_\_\_\_\_

## EMERGENCY CONTACT DETAILS

Contact Name : \_\_\_\_\_ Home Number : \_\_\_\_\_

Relationship : \_\_\_\_\_ Mobile Number : \_\_\_\_\_

## OFFICE USE ONLY

Date : \_\_\_\_\_ Membership Type : \_\_\_\_\_

Payment Type : \_\_\_\_\_

Staff Name : \_\_\_\_\_ Staff Signature : \_\_\_\_\_

📍 6616 Six Forks Road Raleigh, NC 27615

📞 910.604.0257

🌐 heavinstouch2@gmail.com

WWW.HEAVINSTOUCH.COM



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## GENERAL HEALTH INFORMATION

Have you had or experienced any of the following issues ? Please Circle Any That Apply:

### Respiratory

Asthma  
 Chronic Cough  
 Shortness of Breath  
 Emphysema  
 Bronchitis

### Skin

Bruise Easily  
 Melanoma  
 Skin Irritations  
 Skin Conditions  
 Hypersensitive Reaction

### Cardiovascular

Blood Clots  
 Pacemaker  
 Congestive Heart Failure  
 Stroke  
 Cerebral - vascular accident  
 Myocardial Infarction  
 Cold Hands  
 Varicose Veins  
 Low Blood Pressure  
 Heart Attack  
 Cold Feet  
 Thrombosis/Embolism  
 High Blood Pressure  
 Cardiovascular Accident  
 Phlebitis  
 Lymphedema  
 Heart Disease

### Head & Neck

Ear Issues  
 Sinus Issues  
 Jaw Pain (TMJD)  
 Migraines  
 Hearing Loss  
 Vision Problems  
 Headaches  
 Vision Loss

### Infectious Conditions:

Athlete's Foot  
 Skin Conditions  
 Respiratory  
 Conditions  
 Herpes  
 Hepatitis  
 HIV

## WHAT CAN WE DO FOR YOU TODAY?

Issue of cause or concern? : \_\_\_\_\_

How Long Since You First Noticed? : \_\_\_\_\_

Describe Your Treatment Goals : \_\_\_\_\_

Past Treatments? : \_\_\_\_\_

How Long Has It been since your last massage? : \_\_\_\_\_



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## GENERAL HEALTH INFORMATION

Please list all current  
Medications you are taking  
(pharmaceutical, OTC,  
Herbs/Supplements \*

: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## POLICIES/PROCEDURES/COVID-19 DISCLOSURE

Have You had any Covid-19 Symptoms including fever of 100 degrees or above in the past 24-hours? Do you now or have you recently had respiratory or flu symptoms, sore throat or shortness of breath? Have you been in contact with anyone Covid-19 Positive?

Circle One:                      YES.                      NO

**Please take a moment to read the following information. Please sign and date to state that you have read and agree to all of the policies.**

I understand that massage therapy is provided for stress reduction, relaxation, relief from muscular tension, and improvement of circulation and energy flow.

If I experience pain or discomfort during the session, I will immediately inform my therapist so that pressure/strokes can be adjusted to my level of comfort. I will not hold my therapist responsible for any pain or discomfort I experience during or after the session.

I understand that the services offered today are not a substitute for medical care. I understand that my therapist is not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat physical or mental illness.

I affirm that I have notified my therapist of all known medical conditions and injuries.

I agree to inform the therapist of any changes in my health and medical condition. I understand that there shall be no liability on the therapist's part should I forget to do so.

I understand that massage is entirely therapeutic and non-sexual in nature.

By signing this release, I hereby waive and release my therapist from any and all liability, past, present, and future relating to massage therapy and bodywork.

Signature : \_\_\_\_\_

Today's Date: \_\_\_\_\_